Chlorogenic Acids – Their Characterisation, Transformation During Roasting, and Potential Dietary Significance

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SUMMARY

This paper selectively reviews the literature on chlorogenic acids (cinnamoyl-quinic acids) and related substances in coffee. Attention is drawn to advances in analytical procedures and to the novel substances found in green and roasted beans. Recent data for absorption and metabolism of chlorogenic acids and their transformation products are presented along with a consideration of their possible biological effects.